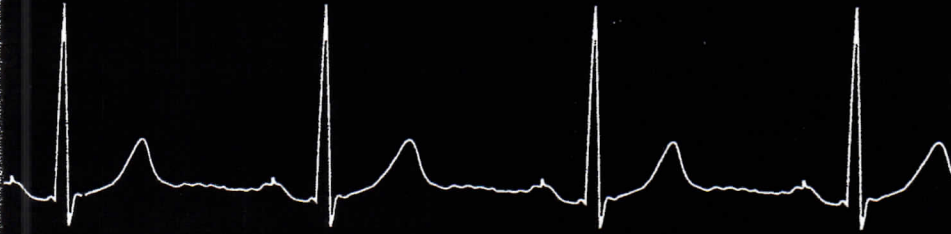


# HEART DISEASE is the #1 Killer of Women



Don't become  
a statistic.

## BE HEART SMART

### Know the Facts

- ♥ Heart disease kills more women than men
- ♥ 64% of women who died suddenly from coronary heart disease had no previous symptoms
- ♥ 25% of men and 38% of women who have heart attacks die within a year

### What YOU can do to reduce risk

- ♥ Eat a diet rich in vegetables, fruits and fiber
- ♥ Reduce your stress levels and try to laugh every day
- ♥ Go to [www.ForYourHeart.com](http://www.ForYourHeart.com) to learn more



## ABBOTT, YOUR DOCTOR AND YOU

### Partners in Health

At Abbott Vascular, we know the power—and vulnerability—of the human heart. We are pioneers of life-saving vascular technologies, and we're committed to partnering with healthcare professionals to help inform their patients about vitally important subjects such as heart disease in women. **It's all about turning science into caring.**

As part of our mission, we fund educational materials like this one. Our thanks to the American Heart Association and the National Heart, Lung and Blood Institute for providing much of the information provided herein.

[www.ForYourHeart.com](http://www.ForYourHeart.com)

## Take Charge of Your Health

This content is not a substitute for medical care. As always, you should consult your doctor or healthcare provider.

Sources: AHA, Heart Disease and Stroke Statistics - 2009 Update; [www.nhlbi.nih.gov](http://www.nhlbi.nih.gov); [www.NatWellness.org](http://www.NatWellness.org); West Suburban Cardiologists, Ltd.

All reference data on file at Abbott Vascular.



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